Assessment Questions for Neurodivergence/DEI:

what anonymous questions could I ask in an assessment of neurodivergent people to find out what their test-taking struggles are?

ChatGPT said:

When assessing the test-taking struggles of neurodivergent individuals, it's important to frame questions that are open, inclusive, and sensitive to a variety of neurodivergent experiences (e.g., ADHD, autism, dyslexia, etc.). Here are some anonymous questions you could ask:

General Experience with Tests

1. What are the biggest challenges you face when taking tests or exams? (Open-ended)
2. On a scale from 1 to 5, how anxious do you feel when taking tests?
3. Are there particular types of tests (e.g., multiple choice, essays, oral exams) that you find more difficult than others? If so, why?

Cognitive and Sensory Challenges

4. Do you experience difficulties with focus or maintaining attention during tests? (Yes/No/Other)
5. How do sensory factors (e.g., noise, lighting, time pressure) impact your ability to take tests?
6. Are you easily distracted during tests? If so, what kind of distractions affect you most?

Processing and Understanding Information

7. Do you find test instructions easy to understand? If not, what kinds of instructions are confusing?
8. How does time pressure affect your ability to process and respond to questions?
9. Do you struggle with reading comprehension or interpreting questions accurately?

Memory and Organization

10. Do you experience challenges with recalling information during tests? If so, what helps or hinders your memory?
11. How easy is it for you to organize your thoughts when answering open-ended questions?
12. Do you find it difficult to prioritize which questions to answer first?

Emotional and Psychological Factors

13. How does test-related anxiety or stress affect your performance?
14. Do you experience perfectionism or a fear of failure during tests? If so, how does it affect your approach?
15. What strategies (if any) do you use to manage stress during tests?

Accessibility and Accommodations

16. Have you ever requested or received test accommodations (e.g., extra time, quiet space)? If yes, were they helpful?
17. What types of accommodations or support would make test-taking easier for you?
18. Are there specific tools or resources (e.g., assistive tech, fidget items) that improve your test experience?

Open Feedback

19. If you could change one thing about how tests are conducted, what would it be?
20. Is there anything else you would like to share about your test-taking experiences?

Would you like these formatted into a survey or tailored for a particular audience?

4o

You said:

Can you make these questions true/false and multiple choice?

ChatGPT said:

Here's a revised version of your questions formatted as **True/False** and **Multiple Choice** for easier assessment:

General Experience with Tests

1. I often face challenges when taking tests.
    - ☐ True
    - ☐ False
2. The following types of tests are the most difficult for me (select all that apply):
    - ☐ Multiple choice
    - ☐ Essay or written responses
    - ☐ Oral exams or presentations
    - ☐ Timed tests
    - ☐ Practical or hands-on assessments
    - ☐ None of the above
3. I feel anxious when taking tests.
    - ☐ Never
    - ☐ Rarely
    - ☐ Sometimes
    - ☐ Often
    - ☐ Always

Cognitive and Sensory Challenges

4. I have difficulty staying focused during tests.
    - ☐ True

- ☐ False

5. Which of the following sensory factors make it harder for you to focus during tests? (Select all that apply)
    - ☐ Noise (e.g., people talking, background sounds)
    - ☐ Lighting (e.g., bright or flickering lights)
    - ☐ Temperature (e.g., too hot or too cold)
    - ☐ Time pressure
    - ☐ Physical discomfort (e.g., seating, room setup)
    - ☐ None of the above
6. I am easily distracted during tests.
    - ☐ True
    - ☐ False

Processing and Understanding Information

7. I find test instructions easy to understand.
    - ☐ True
    - ☐ False
8. Time pressure makes it harder for me to process and respond to questions.
    - ☐ True
    - ☐ False
9. I struggle with reading comprehension or interpreting test questions accurately.
    - ☐ True
    - ☐ False

Memory and Organization

10. I have difficulty recalling information during tests.

- ☐ True
- ☐ False

11. When answering open-ended questions, I struggle to organize my thoughts.

- ☐ True
- ☐ False

12. I find it difficult to prioritize which questions to answer first.

- ☐ True
- ☐ False

Emotional and Psychological Factors

13. Test-related anxiety negatively affects my performance.

- ☐ True
- ☐ False

14. I experience perfectionism or a fear of failure during tests.

- ☐ True
- ☐ False

15. What strategies do you use to manage stress during tests? (Select all that apply)

- ☐ Deep breathing or relaxation techniques
- ☐ Positive self-talk or affirmations
- ☐ Time management strategies (e.g., pacing myself)
- ☐ Taking breaks when possible
- ☐ I don’t have any specific strategies

Accessibility and Accommodations

16. I have requested or received test accommodations (e.g., extra time, a quiet space).

- ☐ Yes
- ☐ No

17. If yes, the accommodations I received were helpful.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neutral
- ☐ Disagree
- ☐ Strongly disagree

18. Which types of accommodations would make test-taking easier for you? (Select all that apply)

- ☐ Extra time
- ☐ A quiet or low-stimulation environment
- ☐ Clarified instructions or additional explanations
- ☐ The option to take breaks
- ☐ Alternative test formats (e.g., oral responses, typed answers)
- ☐ Access to assistive tools (e.g., spell-check, calculators)
- ☐ I don’t need accommodations

Open Feedback

19. If you could change one thing about how tests are conducted, what would it be?

- ☐ Less time pressure
- ☐ More flexible test formats
- ☐ Clearer instructions
- ☐ More sensory-friendly environments

- ☐ Other (please specify): _____

20. Is there anything else you would like to share about your test-taking experiences?

- ☐ Yes (please specify): _____
- ☐ No

Would you like this formatted for a specific survey platform (e.g., Google Forms, SurveyMonkey) or any other adjustments?

4o

You said:

Make this 10 questions

ChatGPT said:

Here is a streamlined version of your survey with **10 questions**, maintaining a mix of **True/False** and **Multiple Choice** formats:

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1. I often face challenges when taking tests.

- ☐ True
- ☐ False

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2. Which of the following test formats do you find most difficult? (Select all that apply)

- ☐ Multiple choice
- ☐ Essay or written responses
- ☐ Oral exams or presentations
- ☐ Timed tests
- ☐ Practical or hands-on assessments
- ☐ None of the above

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3. I have difficulty staying focused during tests.

- ☐ True
- ☐ False

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4. Which factors make it harder for you to focus during tests? (Select all that apply)

- ☐ Noise (e.g., people talking, background sounds)
- ☐ Lighting (e.g., bright or flickering lights)
- ☐ Time pressure
- ☐ Physical discomfort (e.g., seating, room setup)
- ☐ None of the above

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5. Time pressure makes it harder for me to process and respond to questions.

- ☐ True
- ☐ False

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6. I struggle with reading comprehension or interpreting test questions accurately.

- ☐ True
- ☐ False

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7. What strategies do you use to manage stress during tests? (Select all that apply)

- ☐ Deep breathing or relaxation techniques
- ☐ Positive self-talk or affirmations
- ☐ Time management strategies (e.g., pacing myself)
- ☐ Taking breaks when possible
- ☐ I don’t have any specific strategies

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8. I have requested or received test accommodations (e.g., extra time, a quiet space).

- ☐ Yes
- ☐ No

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9. Which accommodations would make test-taking easier for you? (Select all that apply)

- ☐ Extra time
- ☐ A quiet or low-stimulation environment
- ☐ Clarified instructions or additional explanations
- ☐ The option to take breaks
- ☐ Alternative test formats (e.g., oral responses, typed answers)
- ☐ Access to assistive tools (e.g., spell-check, calculators)
- ☐ I don’t need accommodations

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10. If you could change one thing about how tests are conducted, what would it be?

- ☐ Less time pressure
- ☐ More flexible test formats
- ☐ Clearer instructions
- ☐ More sensory-friendly environments
- ☐ Other (please specify): _____